

May 2018

## RAAV Ravings



Volume 5, Issue 2

ABN: 77 829 511 359

Registered No: A00214235

### MRI scans are sparing men painful prostate cancer investigations

The thought of being investigated for prostate cancer terrified Paul Davies. About a year ago, Mr Davies was told to see a urologist about a high PSA (prostate-specific antigen) blood test.

He was horrified. Having watched a friend go through a prostate cancer diagnosis and treatment, he knew it could involve painful biopsies that carry an infection risk, and surgery that might lead to incontinence and sexual dysfunction.

Paul Davies was relieved when an MRI showed his enlarged prostate could be treated with medication.

The Melbourne business owner also knew that there was a history of men being "overdiagnosed" with cancers that were so slow growing they were never going to cause harm.

"It's scary ... You want to get the best test done but you don't want to do things that are unnecessary," he said.

About 22,000 Australian men are diagnosed with prostate cancer every year.

Mr Davies, 68, was in luck. When he saw his

urologist, Associate Professor Jeremy Grummet, the doctor had started using MRI scans to see if it could help some men avoid a biopsy. He was also using MRI scans to highlight suspicious areas so he could better target a biopsy if required.

As it turned out, the MRI showed Mr. Davis had an enlarged prostate that could be treated with medication, and no tumours. He was relieved. He didn't need a biopsy, and his follow up PSA tests dropped back to normal.

In Australia, about one in five urologists are using MRI scans to investigate prostate cancer, but new research suggests use will surge.

A British study of nearly 600 men, published in *The Lancet* medical journal on Friday, found using an MRI scan for men with symptoms of prostate cancer or a high PSA test could prevent one in four men from having an unnecessary biopsy – a test which can cause serious, and in rare cases, life-threatening infections when done through the rectum which diagnosed 48 per cent.

Continued on Page 5

#### Inside this issue:

Presidents Report	2
Message from Tony	2
District Reports	3 & 6
Historical Society News	4
New AV Branches	4
New Members	4
Birthday Greetings	5
Peer Support	5
District Meeting Dates	7
I D Cards	7
The Back Page	8

### Helping older Victorians become scam savvy

Older Australians are increasingly being targeted by scammers. People over 55 lost more than \$39 million nationally last year, an increase of more than \$13 million from 2016, according to data from the Australian Competition and Consumer Commission's ScamWatch service.

A new campaign from Consumer Affairs Victoria, in partnership with Crime Stoppers Victoria, is giving tips and advice to older Victorians, to help them avoid falling for scams.

Victorians made more than 33,000 scam reports in 2017, with reported losses of \$22.9 million – a jump of more than \$4 million on the previous year.

Scammers are most commonly reaching victims over the phone and online: phone, email, social networking and internet scams accounted for 85 per cent of losses across Australia, from more than 130,000 reports.

Consumer Affairs Victoria will be delivering education sessions at libraries across the state, focusing on helping older Victorians become more scam savvy.

The sessions will give increasingly tech-adopting older Victorians the tools to avoid scams while online, as that platform becomes the most common for opportunistic scammers.

Victorians aged over 60 are the fastest-growing online user group in the country – so educating this demographic about how to protect personal information online from scammers is all the more important.

If you are an older Victorian, you can enhance your scam-avoiding skills by taking the quiz at our [Scam savvy page](#), where you will also find useful information about how to identify and avoid online scams, and hear powerful stories from victims.

To report a scam, complete our online [Report a scam form](#) or call us on 1300 55 81 81.



## Presidents Report



Here we are again with another RAAV Ravings, the second for 2018, and another superb job done by Secretary Ian Cameron and Vice President Ian Donaldson- well done.

At the time of writing this report I am preparing to go to Melbourne to participate in the selection of candidates for the positions of Peer Support Coordinator and Responders. The selected applicants will take part in the trial Peer Support Program in association with AV and your Association will bring you up to date once we have an outcome in the proceedings.

The various RAAV groups around the State have all had their first meetings and I am pleased to say we now have a Southern Metropolitan group, with the number of Members growing throughout the State.

If you know of any retired Officers or staff who would like to join the Association we ask you to recommend strongly the benefits of being a Member. Direct them to our web site where they can obtain the application form.

Your Association is still working hard in the areas of Peer Support and Welfare of Members and, with the work of John Clancy, many more Members are being contacted in time of sickness. Please keep us informed when Members are ill.

With the cold weather now with us, don't forget the RAAV jackets at half of the normal price. You will only pay \$25, which is a bargain for an all-weather jacket. Please notify your Secretary who will arrange delivery.

Once again, we hope to bring you up to date with the Peer Support Program in the near future, but until then I hope to see some of you at the General Meeting at Doncaster on 13<sup>th</sup> June.

Ray Loughheed

President RAAV Inc.



"...if you have already sent us your payment, please accept our apology for the death threat and warm wishes for the holiday season."

## A Message from AV CEO Assoc. Prof. Tony Walker



I have had a busy month presenting work we have undertaken in Mental Health and Occupational Violence in forums across both the UK and Copenhagen, and it was a great opportunity to reflect on the tremendous progress we have made, and also the work that is still required, in what are both critically important matters for the health and wellbeing of our staff. As I have previously advised, the work to implement a Peer program to support both retired and former Ambulance personnel is well under way, with the recruitment details being finalised over the next couple of weeks. Furthermore, we have now recruited our AV canine 'Bruce' who will be undertaking the trial of our Peer Support dog trial, with the formal details of this program to be released over the coming weeks.

With regards to our performance, we are pleased to report our strongest Code 1 performance times reported for some time, with 83% of code 1 cases statewide responded to within 15 minutes in Q3 of 2017/18. Most importantly, we have seen this improvement in response performance translate into improvements in clinical performance with the strongest cardiac arrest outcomes reported; 54.9% of adult VF / VT cardiac arrest patients surviving to hospital, and 28.9% surviving to hospital discharge – a tremendous result.

To support continued improvements in cardiac arrest outcomes, we have launched the new GoodSAM app for Paramedics – a mobile phone app that provides a real time notification to off duty staff that are within the immediate vicinity of a patient in cardiac arrest, who can respond and assist. We have already seen 2 tremendous stories of off duty paramedics rendering assistance with good clinical outcomes for the patients.

Finally, as we move on from the lovely extended Summer we have had into the cooler winter months, I would encourage you all to consider the flu vaccination – a great health initiative to protect both yourselves and your families.

Take care and stay safe,

Tony

## Payments to the Association

Please be aware that any payment made to the Association MUST have either your NAME, INVOICE NUMBER or MEMBER NUMBER for us to allocate the received amount. Failure to do so may render the sender to receive a reminder invoice which could be an embarrassment to both yourself and our accounts department.





## District Reports

### South West Victoria

The first meeting for the year of the SW RAAV was held at the Warrnambool Football Club rooms, Cramer Street on Monday 5/3/2018 commencing at 1200hrs.

A very good attendance was achieved with 14 members present, plus Secretary of the Association Ian Cameron.

Apologies were received from Ian Johnson, Noel Mirtschin, Val Morgan, Terry Baker, Geoff Elmes, Andrew Fowler and Brian Trenery.

Ian Cameron was welcomed to the meeting, a wayside stop on

his caravan trip to Mildura, and he, along with myself, brought all members up to date with the latest information from the State Committee.

The day continued until well after 1400hrs and all members enjoyed good meals, a few cleansing ales and a lot of good chatter.

The next meeting of the SW RAAV will be held on Monday 4<sup>th</sup> June at the Warrnambool Football Club rooms, once again commencing at 1200hrs.

Ray Loughheed

Convenor.

## New Body Cams To Protect Paramedics On The Job

Paramedics will get high tech body cameras as part of a new trial to keep them safe from the rising rates of violence they are experiencing on the job.

From next week, paramedics at St Vincent's and Epworth hospitals, and from Point Cook Branch and Sunbury branch, will wear body cameras attached to their uniforms when responding to volatile medical emergencies.

The six month trial will be progressively rolled out in June and July to 27 branches, involving up to 550 paramedics and around 150 cameras.

Paramedics are particularly at risk of occupational violence because they are at the frontline of stressful and unpredictable medical emergencies.

Last financial year, paramedics attended more than 5,000 emergencies where they were exposed to violence or aggression – an average of 13 cases every day – and these figures continue to rise every year.

The cameras are similar to those trialled by police, and will record incidents only where paramedics are in danger. It will not record all emergency cases.

Paramedics who opt to wear the cameras will start recording if they feel at risk or are threatened, warning people they are being filmed. Vision can then be used as evidence for police investigations and prosecutions.

The Andrews Labor Government has delivered \$500,000 from

the *Health Service Violence Prevention Fund* to trial the cameras as a deterrent in high risk situations.

Earlier this month the Labor Government doubled its investment in the Fund to \$40 million – making Victoria's hospitals and mental health services safer.

The trial builds on the Labor Government's new community awareness campaign – which features a paramedic being assaulted on the street – that was launched last week, and makes it clear that violence against healthcare workers is never OK.

**Quotes attributable to Premier Daniel Andrews**

*"We're sending a strong message – violence and aggression towards paramedics is never OK."*

*"This trial is just one of the ways we are working to keep our dedicated paramedics safe while they are out on the job, saving lives."*

**Quotes attributable to Minister for Ambulance Services Jill Hennessy**

*"Hardworking paramedics care for us at our most vulnerable and save lives – they deserve to feel safe and respected at work."*

*"Body cameras are another way we're putting the safety of paramedics first. They will be a deterrent in high risk situations where paramedics are confronted by threats or abuse."*

## Badges, Caps & Jackets

Please support us by making a purchase of any item of our merchandise. We will send them through the normal postage system or you may order them to be brought to a meeting in which ever area you reside.

We have a full range of shirts in sizes from small to 5XL at \$25.00 ea.

Our caps are one size fits all

Caps \$15.00 each

Car Badges are \$2.00 each and are either inside looking out or outside looking out.

Lapel Badges \$5.00 each

Bumper Stickers \$2.00 each

Jackets \$25.00 Sizes M to 5XL

All orders are to be placed through

Les Wood either via  
Mobile : 0418 457 104 or  
Email: thewoodies16@bigpond.com

Alternatively orders can be given to any Committee Member or District Co-ordinator and the order will be processed as soon as possible.

Order Forms are available via the website or by contacting Les or Secretary, Ian Cameron.



## Ambulance Victoria Museum

AMBULANCE HISTORICAL SOCIETY VICTORIA (INC.)  
1/55 BARRY ST, BAYSWATER, VICTORIA 3153  
CURATOR: 0428 813 385 EMAIL: VINTAMBOS@BIGPOND.COM

G'day Ian and all at our sister organisation, R.A.A.V.

Following is an update on our museum activities, both internally and externally.

We now have over 20 immaculately restored vintage ambulances in-house, supported by vintage ambulance equipment, memorabilia, photographs and general history items dating back to the late 1800s. Also, our latest acquisition is a very large 1985 Ambulance Victoria Leyland Disaster Bus which is in the final stage of restoration. We believe this is the last remaining vehicle as such in Australia. As per attachment, the museum comprises of three sections:- Large vintage vehicle area, internal ground-floor display, and mezzanine display area. It is a most impressive layout with an incredible collection of vintage ambulance history.

**Internal activity:** Our museum has a constant flow of visitors, both individual and groups, by appointment 7 days a week. Group visitors are catered for with light meals and beverages. Tours are guided with explanatory sessions delivered by former paramedics and guest speakers. The museum also has a range of quality merchandise on sale as well as give-away items.

**External activity:** Our vehicle fleet and memorabilia are in constant demand for both city engagements and regionally, with Ambulance Victoria vintage ambulances displaying locally or travelling to towns in regional Victoria or wherever an event is to take place, as this ambulance heritage belongs to our State and the public and is an icon. Other requests also come from film production units and events, and also by request at R.A.A.V. and museum members' funerals at the discretion of the honorary curator. A museum publication, "The Beacon" is posted to museum members quarterly and is an historic keepsake and record.

The Beacon is also available now to all Ambulance Victoria paramedics and associated Ambulance Victoria personnel through Ambulance Victoria intranet. As former colleagues, your personal service experiences are both welcome and vital to be recorded for others to read and learn from, both now and in years to come. So please let us have them, otherwise they will be lost forever.

**We all originate from the same unique team!**

Membership is a modest \$25.00 for 3 years (just 3 schooners or 3 mugs of coffee) and with it comes many benefits and family-like companionship and interests.

For information phone: Chas Martin 0428 813 385 or email: Peter Dent, [vintambos@bigpond.com](mailto:vintambos@bigpond.com)

## Recent Openings of New Ambulance Victoria Branches



Hoppers Crossing & MICA 23



Mt Martha Branch Opening with Norma, wife of the Late Station Officer Ernie Gauhl in attendance



Belgrave Branch Opening.  
Left & Right





## PEER SUPPORT PROGRESS REPORT

With the Expressions of Interest having been called and processed we received 5 people willing to take on the challenge of Peer Support for our Association. The now process of assessments and training are under way and we are hoping that the rollout of our Peer Support Mentors will complete the first stage of this very important project.

On another matter but in line with Peer Support we have been invited to make a submission to the Senate Education and Employment References Committee in regards to the Inquiry into mental health conditions experienced by first responders.

A submission will be prepared and forwarded before the closing date of 20 June this year.

## Birthday Greetings

### May:

Trevor Martin	1 <sup>st</sup>
Laurie Spelling	1 <sup>st</sup>
George Jackson	2 <sup>nd</sup>
Denis Rowe	6 <sup>th</sup>
Peter Cain	7 <sup>th</sup>
Garry Cassells	8 <sup>th</sup>
Bruce Westerland	8 <sup>th</sup>
John Lacey	9 <sup>th</sup>
Trevor Greay	10 <sup>th</sup>
John Head	10 <sup>th</sup>
Allan Oakes	10 <sup>th</sup>
Kenneth Laycock	11 <sup>th</sup>
Geoffrey Williams	12 <sup>th</sup>
Bob Boucher	14 <sup>th</sup>
Greame Mant-Old	14 <sup>th</sup>
Stephen Nangle	14 <sup>th</sup>
Donald Pollard	15 <sup>th</sup>
Col Bowden	16 <sup>th</sup>
Darryl Wells	16 <sup>th</sup>
Eric Edwards	18 <sup>th</sup>
Ronald Hartley	20 <sup>th</sup>
Robert Reeves	20 <sup>th</sup>
Max Beeson	21 <sup>st</sup>
Bryce Lindermann	21 <sup>st</sup>
Brian Phipps	24 <sup>th</sup>
Dave Talbot	25 <sup>th</sup>



Norman Burville	28 <sup>th</sup>
Michael Wilson	28 <sup>th</sup>
Daryl Anderson	29 <sup>th</sup>
Peter Donovan	31 <sup>st</sup>

### June:

Graham Carpenter	3 <sup>rd</sup>
Peter Butcher	9 <sup>th</sup>
Alan Neicho	10 <sup>th</sup>
Robert Adams	13 <sup>th</sup>
Dale Gibbons	13 <sup>th</sup>
John Jukes	14 <sup>th</sup>
Alan Cooksley	21 <sup>st</sup>
Barb Matson	23 <sup>rd</sup>
Clive Wawn	23 <sup>rd</sup>
Ian Mc Pherson	24 <sup>th</sup>
William Van Den Akker	24 <sup>th</sup>
Bob Gilmour	25 <sup>th</sup>
Leslie John	25 <sup>th</sup>
Terry Courtney	26 <sup>th</sup>
Robert Mercer	26 <sup>th</sup>

## MRI scans

From Page 1

Furthermore, for men who had a negative MRI scan, nine out of 10 had no cancer or a harmless cancer. In comparison, standard biopsies done without a previous MRI scan to help the surgeon target the right areas of the prostate miss up to 30 per cent of cancers.

Because some cancers are still missed with MRI scans, Associate Professor Grummet said men with negative results could choose to have ongoing surveillance after their first scan with more PSA tests and MRIs, rather than going down the path of a potentially harmful biopsy. However, he said MRIs cost about \$400 and need to be done by an experienced radiologist. He and other urologists are now hoping this research, together with Australian studies, will help convince Medicare to subsidise MRI

scans.

"We're hoping Medicare will agree to a rebate this year so that it becomes more affordable," said Associate Professor Grummet.

About 22,000 Australian men are diagnosed with prostate cancer every year and about 3300 die from it.

Roy Ryder	27 <sup>th</sup>
Brian Bechwith	28 <sup>th</sup>
Ian Rowed	28 <sup>th</sup>
Trevor Abbott	30 <sup>th</sup>

### July:

Frank Gaylard	1 <sup>st</sup>
Wayne Simmons	3 <sup>rd</sup>
Thomas Chapman	7 <sup>th</sup>
Samual Hadden	7 <sup>th</sup>
Rob Phillips	7 <sup>th</sup>
John Engledow	9 <sup>th</sup>
Ian Gardner	10 <sup>th</sup>
Michael Higgins	10 <sup>th</sup>
Jock Purves	12 <sup>th</sup>
Phillip Worboys	12 <sup>th</sup>
David Skinner	16 <sup>th</sup>
Ted VanDyken	16 <sup>th</sup>
Peter Watson	21 <sup>st</sup>
Raymond Churches	22 <sup>nd</sup>
Peter Leek	22 <sup>nd</sup>
Neil Carolan	25 <sup>th</sup>
Darryl Tinker	25 <sup>th</sup>
Peter O'Meara	28 <sup>th</sup>
Colin Arscott	31 <sup>st</sup>
John Baldiston	31 <sup>st</sup>



## Quick Quiz:

- Q 1: How many strings does a violin have?  
 Q 2: What was the first man made object to break the sound barrier?  
 Q 3: What is Australia's largest land national park?  
 Q 4: Which Nintendo character was

- once called Jumpman?  
 Q 5: Which music TV show has been running since 1987?  
 Q 6: Pub is an abbreviation of what?  
 I feel the need for speed' - Name the film.  
 Q7: Who played the title role in the Aunty Jack Show?  
 Q 8: What's the most westerly point of

- Australia?  
 Q 9: Who led the 1911 to 1914 Australasian Antarctic Expedition?  
 Q 10: In which African country is Timbuktu?  
 Q 11: I feel the need for speed' - Name the film.  
 Q 12: Which desert lies in Mongolia?

## District Reports

### Central & Northern Victoria

The February meeting of Central & Northern District was held on Tuesday 13th of February at the Bendigo and District RSL at 1200hrs. Due to a slight communications problem there were fewer members present than normal – a total of 5 members & 1 partner attended. Due to the same communication problem no Association information was available to be passed on. As usual we enjoyed each other's company and reminisced about the past. We look forward to the next meeting on May 8th.

Peter Briscoe,  
Co-ordinator

### North East Victoria

The February meeting of the North East Victoria District was held on Saturday 24<sup>th</sup> and with 18 Members in attendance we enjoyed the usual great fare provided by the Benalla Bowls Club. The Bowls Club offered us a deal for membership and a good majority of Members decided to take up the offer which will allow us to get better prices on meals and drinks. We will also be able to use the clubs facilities at any time that we may happen to be in Benalla, maybe for shopping or just to enjoy the club.

Ian Cameron gave us a quick report on the situation with the Forester's, not really what we wanted to hear, but there is not much can be done, the committee along with Tony Walker and Steve MacGhie will keep up their efforts. Ian also mentioned that we will be able to

set up a welfare group, as distinct from Peer support group. If a member dies and their wife or partner is left to fend for themselves, we could keep in touch with them to see if there is any help they may require.

Our next meeting will be on Saturday the 26<sup>th</sup> of May 2018. I will look forward to seeing you all there.

Jim Osmotherly,  
Co-ordinator

### Ballarat & Central West

Wednesday 28th February was the first gathering for our Members in the Ballarat and Central West. With 7 Members and guests in attendance, we enjoyed a pleasant lunch at the Golf House Hotel followed by an update on the activities from our sister Districts and the Association as a whole.

### Geelong & Surf Coast

Wednesday 14th February saw a low key dinner with 14 Members in attendance at the Geelong RSL with the now very familiar great menu. A short meeting followed with the regular updates from the State Committee.

Trevor Forfar,  
Co-ordinator

Our meeting at the Geelong RSL on the 11th March was attended by 11 members + 2 guests. The meal was as usual great, Ian Donaldson gave an update on the peer support program

and also encouraged us to have a local Welfare contact person to advise and assist any Members or families with ongoing issues, which we will trial. There were other discussions about group meetings with other RAAV groups.

Trevor Forfar,  
Co-ordinator

### North West Victoria

Tuesday 6th March saw 7 members attend our lunch at the Mildura RSL and with the great service and food provided by the RSL we enjoyed a leisurely time of chatter and stories. Secretary Ian gave us an update on the activities of the Association and the events in the pipeline.

Alan Cooksley,  
Co-ordinator.



## Our Next Caravan Club Getaway - October 2018

### Halls Gap Gardens Caravan Park.

[2223 Grampians Road, Halls Gap Victoria.](#)

Date: October Friday 26th, 27<sup>th</sup>, 28th & 29th.

The cost. Normally \$140 for the 4 days.

Special Group RAAV Price members only: \$105 for the 4 days or \$26.50 per night.

There are cabins at the park: Cost -

Budget: \$100 & Double: \$125

The park is dog friendly so you can bring your pooch as well.

Contact details are as follows: Phone: 0353564244

Website bookings:

[www.hallsgapgardenscaravanpark.com.au](http://www.hallsgapgardenscaravanpark.com.au)

Please note: I don't make bookings. If you are going to attend you must make your own booking.

When making a booking don't forget to mention that you are with RAAV in order to get the site at the group price.

If you make a booking please email me so I can amend site numbers if required.

My email address is:

[noelmir1@yahoo.com.au](mailto:noelmir1@yahoo.com.au)

Noel Mirtschin  
Co-ordinator





## Speed anyone?



**World's fastest ambulance** revealed. The world's fastest ambulance has been revealed at the Gitex technology show in Dubai. The vehicle is capable of rushing to the scene of an incident at speeds of up to 300km/h (185mph).

## Quick Quiz Answers

- A 1: Four
- A 2: A whip
- A 3: Kakadu
- A 4: Mario
- A 5: Rage
- A 6: Public House
- A 7: Graham Bond
- A 8: Steep Point, Western Australia
- A 9: Sir Douglas Mawson
- A 10: Mali
- A 11: Top Gun
- A 12: Gobi

## New Members

We welcome the following New Members to our Association and look forward to seeing you at a meeting near you soon.

Ian Gardner - Mt Eliza  
 Stewart Blackburn - Dandenong  
 Raymond Trinham - Somerville  
 Michael McGrath - Mt Martha  
 Frank Sammon - Mt Eliza  
 Edward Kay Benalla  
 Mark Middleton - Mt Helen  
 Alan Smith - Mildura  
 John Lacey - Box Hill South  
 Chris Varley - Eaglehawk  
 Barb Matson - Ouyen  
 Alan Bray - Wedderburn

## ID Cards

We are now able to again issue ID Cards to all Members. Please ensure you have an ID Card displayed when attending any of our District gatherings or Meetings.

Any Member who has yet to send a passport size photo or arranged to have a photo taken please contact our Secretary, Ian as soon as you can.

We would like all members to have their cards by the end of this financial year.

## Members not in good health

Graham Ryan  
 Gordon O'Keeffe  
 Ian McPherson  
 Judith Cannon (Wife of Kevin)

**We wish all Members a speedy recovery**

With sadness we record the passing of:

Martin (Marty) Moran

## District Meetings

Our District Meetings for the start of 2018 are:

Central & Northern Victoria - Tuesday 8th May at the Bendigo RSL commencing at 12 noon.

Metro - South District - Tuesday 15th May 12noon at Steeples Restaurant,

Gippsland Region - Thursday 17th May 12noon at Morwell Club

North East Victoria - Saturday 26th May noon at Benalla Bowls Club

Ballarat & Central West - Wednesday 30th May 12noon at the Golf House Hotel

South West Victoria - Monday 4th June at Warrnambool

North West Victoria - Tuesday 5th June 12noon Mildura RSL

Metro (General Meeting) - Wednesday 13th June -10.30am at AV Headquarters, Doncaster

Geelong & Surf Coast on Wednesday 20th June 12noon Geelong RSL Belmont

## The Back Page

### Retired Ambulance Association of Victoria Inc.



#### Committee of Management

President: Ray Lougheed  
Vice President: Ian Donaldson  
Secretary: Ian Cameron  
Treasurer: Darrell Rintoule

#### Committee Members:

Bill McKnight  
Peter Leek  
Dennis Meek  
Les Wood  
Frank Abela  
John Clancy  
Jim Osmotherly

All Correspondence to:  
The Secretary  
Unit 2 / 20 Brooks Street  
Bentleigh East

Phone: 03 8503 7945  
Mobile: 0435 010 943  
Email: [raav.secretary@gmail.com](mailto:raav.secretary@gmail.com)

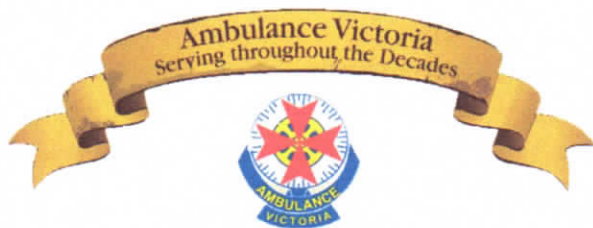
[www.retiredambulancevictoria.org.au](http://www.retiredambulancevictoria.org.au)

A nun walks into the Mother Superior's office and plunks down into a chair. She lets out a sigh, heavy with frustration. "What troubles you, Sister?" asked the Mother Superior. "I thought this was the day you spent with your family." "It was," sighed the Sister. "And I went to play golf with my brother. We try to play golf as often as we can. You know I was quite a talented golfer before I devoted my life to Christ." "I seem to recall that," the Mother Superior agreed. "So I take it your day of recreation was not relaxing?" "Far from it," snorted the Sister. "In fact, I took the Lord's name in vain today!" "Goodness, Sister!" gasped the Mother Superior, astonished. "You must tell me all about it!" "Well, we were on the fifth tee and this hole is a monster, Mother 40 yard par 5, with a nasty dogleg right and a hidden green ... and I hit the drive of my life. The sweetest swing I've ever made. And it's flying straight and true, right along the line I wanted ... and it hits a bird in mid-flight!" "Oh my!" commiserated the Mother Superior. "How unfortunate! But surely that didn't make you blasphemous, Sister!" "No, that wasn't it," admitted the Sister. "While I was still trying to fathom what had happened, this squirrel runs out of the woods, grabs my ball and runs off down the fairway!" "Oh, that would have made me blasphemous!" sympathized the Mother Superior. "But I didn't, Mother!" sobbed the Sister. "And I was so proud of myself! And while I was pondering whether this was a sign from God, this hawk swoops out of the sky and grabs the squirrel and flies off, with my ball still clutched in his paws!" "So that's when you cursed," said the Mother Superior with a knowing smile. "Nope, that wasn't it either," cried the Sister, anguished, "because as the hawk started to fly out of sight, the squirrel started struggling, and the hawk dropped him right there on the green, and the ball popped out of his paws and rolled to about 18 inches from the cup!" The Mother Superior sat back in her chair, folded her arms across her chest, fixed the Sister with a baleful stare and said ... "You missed the fxxxxxx putt, didn't you?"



Facebook: Retired Ambulance  
Association of Victoria Inc.





# Ambulance Victoria Museum

AMBULANCE HISTORICAL SOCIETY VICTORIA (INC.)

1/55 BARRY ST. BAYSWATER, VICTORIA 3153

CURATOR: 0428 813 385 EMAIL: VINTAMBOS@BIGPOND.COM



*"Preserving our State ambulance heritage"*

## INVITATION

A.V. Paramedics, Staff, A.V. Museum & R.A.A.V.  
Members  
Family and Friends



Ambulance Victoria  
Museum

### A.H.S. June Open General Meeting and OPEN DAY

Come along and bring the family and friends to this historic State icon – See 20 plus vintage ambulance vehicles, equipment and memorabilia dating back to the 1800s and learn our history of yesteryear from former paramedics.

All welcome – 1000 hrs to 1500 hrs – **June 24, 2018**

**Ambulance Victoria Museum** 1/55 Barry Street, Bayswater, Victoria 3153

#### Activities on the day:

- Free admission for all and complimentary souvenir brochure.
- Free sausage sizzle, tea, coffee, soft drinks.
- Special guest speaker – former A.S.I.O. technologist.
- On-screen ambulance movies and videos.
- Free lucky ticket museum merchandise draws.
- Demonstrations of emergency life support technique from paramedics.
- **Open meeting:** An opportunity to support and contribute your ideas to the museum development. New memberships and new committee members most welcome.

If possible attendance numbers would be appreciated for catering purposes. Groups welcome.

Please phone: Chas Martin – Hon. Curator - 0428 813 385

or Email: [vintambos@bigpond.com](mailto:vintambos@bigpond.com)

**“Your museum – Your heritage”**