

RAAV SAVINGS

Special points of interest:

- > New President
- > Caravan Club
- > Guest Speaker for Doncaster
- > Shirts & Caps



South West District
Members at the Ansett
Museum

Words from our New President

Welcome to another RAAV newsletter. As the newly elected President of the Association I thought it might be prudent to introduce myself to the members who don't know me and also to thank Charlie Martin for his dedication to the position of President for the past 15 years.

I joined the service in 1974 and worked in Melbourne at Preston branch, in the Control Room for a short period and then at MICA 4 at the Austin Hospital. In 1981 I moved with my family to Warrnambool and worked in Warrnambool, Hamilton and then Geelong. I also spent a period of time in the Private sector working for a number of companies operating out of the Warrnambool Base Hospital. When NPT secured a contract for the races I and other Officers

covered the SW of the State.

I am looking forward to working with the Association Executive to improve the membership numbers, to keep up good relations with current members and to continue the good communication with other Retired Associations and Ambulance Service Victoria.

Finally thank you to Charlie Martin for his dedicated leadership over the past 15 years. It is undoubtedly due to the work of Charlie and the Committee that the Association is in such a strong position as it is today. Good luck to Charlie on his continuing position on the Committee, I'll need his input, and the outstanding work he does with the Historical Society.

Ray Lougheed
President



Our new President
Ray Lougheed

Inside this issue:

Around the State Reports	2
Guest Speaker	3
Caravan Club?	3
New Members	3
Dates for the Diary	3
New Chair for AV	4
Next Generation Helicopter	4
Coffee Mornings	5
Museum Help	5
The Back Page	6

Relocation of the Ambulance Historical Society Museum

Following the agreement between Ambulance Victoria and the Historical Society the new museum is now located at 55 Barry Road Bayswater.

Chas Martin, our co-ordinator would appreciate as much help as he can get in order to setup the new displays and fittings of our new building.

We, in conjunction with the Historical Society, ask any member who may have a few hours to spare to contact Chas on 0428 813 385 so that they can open the new building as soon as possible. It is anticipated that it will be open later this year.



South West Victoria

The September meeting of our South West District took place at the Alexandra House Hotel in Hamilton and was attended by 7 members. There were 9 apologies as, being the coldest time of the year, many members were away.

This was the second time we have used this venue and it has proven to be very suitable with good food, good, cold, beer and a secluded area to meet. The meeting was attended by State Secretary, Ian Cameron.

Ian introduced the new caps and shirts and, being the good salesman he is, sold about 5 caps and created interest in the shirts.

The meeting commenced at 12.30pm and finished a little after 1.30pm at which time we moved to the Ansett Museum in Hamilton. A very interesting time was held by all and our resident photographer, John Parkinson made sure this event will always be remembered.

Many thanks go to Ian Johnson for organising the venue and the tour of the Ansett Museum.

Our District Reports

Ray Loughheed

South & West Gippsland

Our regular meeting at Morwell on the 2nd September was not well attended due to most members being away due to the cold weather. However we enjoyed a great lunch

and chat with the 4

members who could make it and look forward to seeing many more members at our final meeting for this year on Friday 27th November

Around the State

Ballarat and Central West

We enjoyed a great day with our counterparts at Geelong RSL where many old friendships were renewed and some new ones made. We now look forward to a return combined meeting at the Ballarat Golf Club, 1800 Sturt Street, Ballarat and is scheduled to commence at 12 midday on 2nd December, 2015.

Joy Mayhew

Geelong & Surf Coast

Geelong and Ballarat Zone members enjoyed a combined meeting in Geelong on Wednesday 16th September, 2015.

This meeting was held at the Geelong RSL and consisted of a social get together. The meeting was well

attended with 21 people present and it was great to enjoy the company of past work mates. Some of

whom had not met each other for 20 years. As can be imagined, the "catching" up on news and past

friends was most enjoyable, so much so, that it was decided a return visit will be held in Ballarat.

While this forthcoming social event is principally ear-marked for Geelong & Ballarat Zones members,

all RAAV members would be made most welcome.

So in the event any RAAV member would like to attend this meeting, they should contact either Joy Mayhew or Gerry Thomas. The meeting will be held at The Ballarat Golf Club, 1800 Sturt Street, Ballarat and is scheduled to commence at 12 midday on 2nd December, 2015.

Gerry Thomas

Metro

The 9th September saw the Annual General Meeting of our Association held at AV Headquarters, Doncaster commencing at 10.30am and chaired for the last time by outgoing President, Chas Martin,

It was gratifying to see a large number of members and guests attend and this reflects the continuing progress of our Association in advancing the interests of all retired Ambulance Personnel.

Following the usual reports and financial statements we were faced with the elections for a new Committee of Management.

As there were sufficient nominations to fill all positions a ballot was not required.

Chas, after 15 years as Chair and President stood aside and handed the batten over to our new President, Ray Loughheed.

The Vice Presidency saw Ian Donaldson take this role with Ian Cameron remaining as Secretary and Darrell Rintoule retaining the Treasurer position.

The Committee Members for the next year are:

Peter Leek
Ron Jacobs
Bill McKnight
Dennis Meek

At this stage Acting CEO Tony Walker presented Chas Martin with gifts from the Association and the Service for his outstanding work as President and mentor.

Following the formal meeting we were provided with a interesting and informed presentation from representatives of CentreLink on all matters for retirees and "Older" citizens.

Lunch again gave all attendees a chance for a chat and more stories in relation to the various activities we all indulge in.

On The Sick List

We wish a speedy recovery to our unwell Members:

Brian Shott
Drew Haldane
Peter Whittle
Peter Moroney



Inside the New Historical Museum



Caravan Club Update



Chas Martin receiving his inscribed pen from CEO Tony Walker following his retirement as President

At a recent gathering of some Members the subject of caravans and caravanning was mentioned and with enthusiasm several members asked if it may be possible to establish a Caravan Club for those of us who have caravans.

I am sure that we all know of many places where we could spend 2 or 3 days, even a week at a location that we like and just enjoy the chance to get away. We don't need to travel long distances just a few spots nearer to home or maybe a visit to some of our District

Members Meetings. For a day or two or the occasional interstate trip could be a good idea as well.

Is there anyone who may wish to offer some assistance to our Secretary in further advising on this idea?

It is hoped that a venue will be chosen in the new year for any caravanners to join a few days break in a relaxed and friendly location.

If there are any suggestions of locations please advise our Secretary of details before Christmas.

New Members

With the ever increasing number of Members to our Association, we are pleased to welcome aboard the following:

Denis Wood - Bell Post Hill
Valerie Morgan - Koroit
Carrie Hawke - Cobram

Looking forward to seeing you at a meeting soon.

Guest Speaker For Doncaster

Our Guest Speakers for the December meeting will be giving us some very great ideas and deals for Princess Cruises. Please see attached brochure.



Christmas Message

The President and Committee wish each and every Member and your family the very best for the Festive Season and trust you have a wonderful and successful New Year.

It is with regret we advise the Passing Of:

Derek Croughan
Norman Mills

Lost Contact?

If you would like to make contact with a former colleague.

Please give any Committee Member or our Secretary a call or email and we will endeavor to trace them to the best of our ability.



Quick Quiz

- Q1: What is Australia largest National Park?
- Q2: How many wings does a bee have?
- Q3: How many ML in a seven?
- Q4: What type of acid builds up in muscles during exercise?
- Q5: What was the original name of Brit Pop Band Blur?
- Q6: What kind of tree did the Jolly Swagman once camp under?
- Q7: When is a ring square shaped?
- Q8: What year was the MCG opened?

Dates for the Diary

Geelong & Surf Coast -
Wednesday 18th November @ Belmont 12 noon
Followed by a combined meeting at Ballarat on 2nd December
South & West Gippsland -
Thursday 27th November @ Morwell 12 noon
Metro - Wednesday 9th December @ Doncaster 10.30 am
North East Victoria - Saturday 28th November @ Benalla 12 noon

Ballarat & Central West - Thursday 2nd December @ Ballarat 12 noon (Combined with Geelong)
South West Victoria - Monday 7th December @ Warrnambool 12 noon
North West Victoria -
Next Years dates will be available soon
Please advise the respective District Co-ordinator or our Secretary if you are wishing to attend any of these meetings.

Funeral Benefit Plan

We have been encouraged with the take up of our Funeral Benefit Plan.
Any Members who has not yet considered or completed a Plan or any member who may wish to review what you have already decided then please contact Chas Martin on 03 9725 7826 or Ian Cameron on 03 8503 7945 to obtain a Form or review your existing Plan.

ICE



Those of us who have stuck in Victoria this past winter would recall many a cold morning with ice on the car, the fish pond almost frozen over. Early morning regular dog walks surely with an icicle on the tip of ones nose.

Then, as summer approaches, there is the thought of it being in ones soft drinks, a G & T or the odd whiskey and, of course, the ice cold beers.

Then there is that nasty substance which is causing so much grief to many families, friends and to our operational counterparts by its mind changing and violent habits.

But the one I wish to discuss is one which may save your life - ICE - Most of us these days have a mobile phone and if one has an identified medical condition or illness which requires medication or regular medical checkups then under the heading of "I" in your phone add the word ICE and enter your medical condition, medications you are taking, your Doctors Name AND Phone Number. If you regularly attend a hospital then include those details as well. Most importantly add the name/s of your next of kin. If you are in a situation where you cannot tell anyone what is happening then one of the first things the Police, Ambulance or Fire Brigade personnel will do is look in your phone under I of ice and then they can treat you accordingly.

In this context it stands for: **IN CASE OF EMERGENCY**

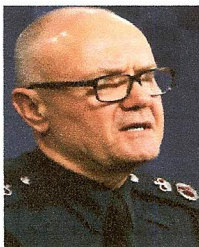
**New Chairman for
Ambulance
Victoria**



AIR AMBULANCE HELICOPTER

AW139

- | | |
|---|--|
| • MANUFACTURER/ MODEL: AGUSTA WESTLAND/ AW139 | • PATIENTS: 1 x Stretcher patient as standard. Capable of carrying 2 stretcher patients |
| • ENGINES: 2 X PRATT & WHITNEY FTSC 67C (1531HP each) | • RESCUE HOIST: Goodrich AW139 Hoist. 600lb (272 kg) capacity/ 790ft (88m) cable length |
| • SPEED: 167KT (310km/h) Max/ 140KT (260km/h) Cruise | • ROLES: Primary Response Major Medical & Trauma/ Secondary Retrieval including Adult Retrieval and PIPER - Neonatal and Paediatric/ Search & Rescue |
| • ENDURANCE/ RANGE: 2.5hrs/ 550km @ cruise | • LOCATIONS: Essendon, Latrobe Valley, Bendigo, Warrnambool |
| • CREW: 3 - Pilot, Aircrewman, MICA Flight Paramedic | |



Former Victoria Police chief Ken Lay to head Ambulance Victoria

Former Victorian Police chief commissioner Ken Lay says he plans to modernise Ambulance Victoria, when he begins as chair of the board in December.

Mr Lay told Macquarie Media that the organisation needed to look to at the use of technology and "move with the times".

"We need to continue to modernise, we need to continue to get better to re-shape the organisation so I think that will probably be a fairly big role to for the board going forward," he said.

"Sometimes agencies, particularly like police, sometimes like ambulance, we get stuck in the past.

"The Government has created a committee to look at Ambulance Victoria's culture and what the future might look like, so that's starting to do that work now, about where they can get better."

He said the issues of hospital ramping, response times and the welfare of paramedics would also be a priority.

"Clearly response times are spoken about a lot, particularly around election times and when things don't quite work out as well as they should," he said.

"There was some awful stuff reported not so long about health and welfare of some of our paramedics - suicide, stress - I've come from an organisation that had some similar challenges to that, so I think I've got some things to bring to the table there."

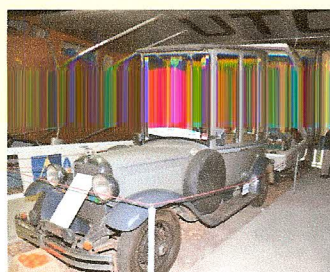


One of the many old Ambulances at the Museum



Two more photos from the

Ansett Museum
With our Members



Change of Phone
Number for Secretary
Ian Cameron
New Number:
03 8503 7945
Mobile still the same
0435 010 943

Coffee Morning Anyone?

One of the ideas that has been suggested by several members is an informal Coffee Morning being held in different areas of in particular The Metro District. These could also be held in our Regional Districts as well. There would be no formal structure just a get-together and enjoy a coffee and chat. Would you think this to be a good idea? Comments to our Secretary, Ian.

Shirts & Caps

We have a full range of our new Shirts with sizes from Small to 5 XL.

We encourage you to purchase these so that we can continue to promote our Association by wearing the whilst you are "Out and About".

Our new caps are also now in stock with one size fits all.

All orders can be made through your local District Co-ordinator or from our Secretary.

Cost: Shirts \$25.00

Caps. \$15.00

Help Please

Have you any Ambulance memorabilia - in the form of Photos, Uniforms or equipment that you might have stored in the back shed or under the bed?

If so would you be willing to donate these to the Historical Society?

One item we desperately need is a Patient Electro Cable for a Lifepak 5

Any Member who may have an idea, article or story of interest for inclusion in this, our Newsletter, PLEASE send a copy to us.

Answers to Quick Quiz

A1: Kakadu

A2: Four

A3: 200ml

A4: Lactic

A5: Seymour

A6: Coolabah

A7: When used in Boxing

A8: 1853



Recently Peter Moroney under went cardiac surgery and he was well on the way to recovery when he decided to take a "trip" at his daughters residence. What does our intrepid Peter do - fall and break his femur. So another trip to hospital and now can't even walk. Our advise - more water less of the other stuff

Retired Ambulance Association of Victoria Incorporated

Address All Correspondence to:
The Secretary
Unit 2 / 20 Brooks Street
Bentleigh East
Victoria 3165

Phone: 03 8503 7945
Mobile: 0435 010 943
E-mail: raav.secretary@gmail.com



The Back Page

Check us out at
www.retiredambulancevictoria.org.au

Your Committee

- **President**
Ray Lougheed
- **Vice President**
Ian Donaldson
- **Secretary**
Ian Cameron
- **Treasurer**
Darrell Rintoule
- **Committee**
Bill McKnight
Ron Jacobs
Peter Leek
Denis Meek



SOCIAL MEDIA

Daughter: "Daddy, I am coming home to get married so please get your cheque book out. Although I live in England, I'm in love with a boy in Australia whom I met on a dating website. We became friends on Facebook and had long chats on Whatsapp. He proposed to me on Skype and now we've had two months of relationship through Viber. I need your blessing and a big wedding."

Dad: "Wow! Really! Then get married on Twitter, have fun on Tango, buy your kids on Amazon and pay through Paypal. Remember, if you get fed up with your future husband you can always sell him on Ebay!"

'OLD' IS WHEN...

Your friends compliment you on your new alligator shoes and you're barefoot.

'OLD' IS WHEN...

You are cautioned to slow down by the doctor instead of by the police.

'OLD' IS WHEN...

An 'all nighter' means not getting up to use the bathroom.